

Hokie Wellness Rooms

Thank you for your interest in the Hokie Wellness Meeting Room and the Hokie Wellness Consultation Room. These rooms are accessible for graduate student use 24/7 and you may reserve the space by contacting Becky Guynn (guynn@vt.edu).

The Hokie Wellness space is designed as a meeting space for VT student clubs and organizations, a collaborative workspace, a private consultation space for dialog with VT services, and for Hokie Wellness to deliver workshops and classes. As such, it is not a student lounge, so we ask you to abide by the following guidelines:

- Please reserve the Hokie Wellness Meeting Room or the Hokie Wellness Consultation Room at least 24 hours in advance.
- Be mindful with food and drink in the rooms. Please limit food to special catered events, or food/drink in closed containers. If there are too many stains or food mess left, there will be a no food rule!
- There will be cleaning supplies in the rooms, so please clean up after meetings where food was involved, and return the desks/chairs to their original configuration.
- If someone has the consultation booth reserved, they have the entire room reserved, so please leave the room.
- Please try to maximize the storage space available to reduce clutter
- The Hokie Wellness Meeting Room has been approved for low impact, low sweat wellness activities such as yoga and meditation. Unfortunately the carpeting, soundproofing, and ventilation are not sufficient for higher impact fitness activities.
- As this is a research and office building, noise levels should be kept consistent with the surrounding academic spaces.